

# SHITO-RYU KARATE-DO KOFUKAN SCOTLAND

#### WWW.KOFUKANSCOTLAND.COM

For more details contact: <u>kofscot@talktalk.net</u>

Hugh Murray Tel +44 (0) 1294 469803 Chris Russell Tel +44 (0) 1563 542641 Paul Reid Tel +44 (0) 1563 532650

## TWO DAY OPEN COURSE IN SCOTLAND



Shito-Ryu Karate-Do Kofukan Scotland are organising a two-day course in **Kilmarnock**, Scotland with Instruction by.

## SHIHAN KEIJI TOMIYAMA, 7th Dan Chief Instructor Kofukan U.K.

Date: Saturday 14<sup>th</sup> November 2009 Sunday 15<sup>8th</sup> November 2009

Venue: The Hunter Fitness Suite

Northwest Area Centre

Kilmarnock KA3 1NQ

Saturday

Schedule: 10.00 6 14.00 Training for all grades Pinan Katas with bunkai and Fighting Combinations.

Sunday

11.00 \u00e9 15.00 3<sup>nd</sup> Kyu and above

#### The Sunday will be for the practice of Pachu Kata, a must for all serious students of traditional Karate.

Cost: Members One day only £20 Adults£15 under 16øs

Week-end £30 Adults£20 under 16øs

Non members One day only £25 Adults £20 under 16%

Week-end £35 Adults£25 under 16øs

Chairman Kofukan Scotland: Paul Reid