



# Scottish Karate Governing Body Ltd

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## Sportscotland / Sports Coach U.K. Workshop on Nutrition (Fuelling Performers)

Venue

Jurys Inn

60 – 90 Jamaica St Glasgow

Friday 7<sup>th</sup> November 2008

The above Sports Coach U.K. Workshop will be held at the above venue.  
from 7.pm until 10.pm

### Application Form (Please print)

Name.....  
Address.....  
.....Post Code.....

Association.....

S.K.G.B. Licence No.....

Please return this form and a cheque for **£25** to the S.K.G.B. office.

All cheques made payable to the **S.K.G.B.**

The course fee covers your book, tutor and venue, bring a pen and note pad.

Please Note: There are only **twenty places** available on the above workshop and applications must be in by Saturday 1<sup>st</sup> November 2008 .

**Applications must be sent by post and places can only be reserved after the S.K.G.B. has received payment.**

The Scottish Karate Governing Body is a private company limited by guarantee. Company number SC270068  
Registered address Gilchrist & Co Chartered accountants 193 Bath Street Glasgow G2 4HG

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EUROPEAN KARATE FEDERATION  
FEDERATION EUROPÉENNE DE KARATÉ  
MEMBER OF THE WORLD KARATE FEDERATION (WKF)

