

# Highland Karate Association presents

## **Sensei Dave Hazard 7th Dan**

Technical director of H.K.A. and Chief Instructor of A.S.K.  
Saturday 1st March and Sunday 2nd March

**Charleston Academy Community Complex, Inverness IV3 8ET**

**Saturday 1st March:**

**Class 1: Kata Sochin Performance (12.45pm - 1.45pm)**

**Class 2: Kata Sochin Applications (2.00pm - 3.00pm)**

**Class 3: Kumite (3.15pm-4.15pm)**

**Sunday 2nd March:**

**Class 1: Self Defence (10am-11.00am)**

**Class 2: Self Defence (11.15am-12.15pm)**

**Class 3: General Class (12.30pm-1.30pm)**



**Class 1,2,3 on Saturday and classes 1 & 2 on Sunday are Brown & Black Belt classes but are also open to 5th & 4th kyu. Class 3 is an all grade class followed by H.K.A kyu grading for eligible members. Please check with your instructor.**

*This course is open to all karateka regardless of style or affiliation.*

**Adults (16 and over) One Class £10, One Day £25, Two days £40.**

**Juniors (under 16) One Class £8, One Day £20, Two days £35.**

**For enquiries and further details contact Ronnie Ross on 0780-3132-871  
e-mail [highlandkarateassociation@gmail.com](mailto:highlandkarateassociation@gmail.com)**

**Course sponsored by  
Inverness Area Sports Council**