MEADOWBANK KARATE GROUP
GRANGEMOUTH OPEN JUNIOR INDIVIDUAL CHAMPIONSHIP 2009

This competition will be held on Sunday 27th September 2009 in the Grangemouth Sports Complex, Abbots Road, Grangemouth. The competition is open to all karate students as per categories detailed blow, regardless of grade.
There will be Trophies awarded for 1st, 2nd and 3rd equal. Medals will be awarded to all competitors.

Category	Group	Height	Start time
Category 1	Boys and Girls (mixed) all grades	Under 4ft	10 am
Category 2	Boys and Girls (mixed) Junior	Under 4ft 5	10 am
Category 3	Boys and Girls (mixed) Kyu/Dan Grades	Under 4ft 5	10 am

Category	Group	Category	Group	Height	Start time
4	Boys Junior	4A	Girls Junior	Under 4ft 10	11.30 am
5	Boys Kyu/Dan grade	5A	Girls Kyu/Dan	Under 4ft 10	11.30 am
6	Boys Junior	6A	Girls Junior	Under 5ft 2	1.30 pm
7	Boys Kyu/Dan grade	7A	Girls Kyu/Dan	Under 5ft 2	1.30 pm
8	Boys Junior	8A	Girls Junior	Under 5ft 7	3.00 pm
9	Boys Kyu/Dan grade	9A	Girls Kyu/Dan	Under 5ft 7	3.00 pm
10	Boys All Grades	10A	Girls All Grades	Over 5ft 7	3.00 pm

All groups outwith the Scottish Karate Federation, please note that the Junior section is meant for children who have not yet been Kyu Graded or are very low grades within their own association and have very little or no experience of competition. The idea of this section is to allow and encourage young children, who could not normally compete at a higher level, to participate in competition to gain experience and build confidence. **Please note that the competition organiser can and will withdraw any junior participant that they feel are too advanced for this category and will transfer them to an appropriate category.**

NOTE: **1. Would all competitors please check in 30 minutes before start time.**
2. Hand pads and gum shields are compulsory.

Please complete and return the entry form below, with appropriate fee to your Club Instructor. Your child will then be measured and you will be informed which category he/she has been entered in.

Entry Fees:
Competitors £10.00 **Spectators £5.00**
The referees and officials who organise and run these events give their services free of charge. Please help us to make this a memorable occasion for the children and thank you for your contribution.
All entry forms to be returned to your Club Instructor before Thursday 24th September 2009.

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Grangemouth Junior Individual Championships – Sunday 27th September 2009
Entry Form

Full Name:	**Grade - Junior**		**Grade – Kyu/Dan**	
Club:	**Category:**		**Height:**	
Home Tel No:	**Male:**		**Female:**	

Tournament Organiser: Hamish T Adam, 10 Waterloo Bank, Penicuik, EH26 8NS
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