



**British  
Karate  
Federation**



**Sports Council for Glasgow**  
*"For people, for sport."*

# **BRITISH HOME NATIONS Karate Championships**

**Emirates Arena  
Glasgow, Scotland  
Sunday 2<sup>nd</sup> June 2013**



**GlasgowLife™**



**SENIOR, JUNIOR, CADET & CHILDREN**

**BULLETIN 1**



**Closing Date for entries is 16<sup>th</sup> May 2013**

**[www.britishkaratefederation.co.uk](http://www.britishkaratefederation.co.uk)**



Dear Friends

May I take this opportunity to welcome you to the British Home Nations Championships and to the host City of Glasgow.

This year we move to the new Emirates Arena built to host the Commonwealth Games in 2014. This wonderful new arena is a fitting venue for Britain's most prestigious karate tournament.

The BKF is a strong supporter of charity and in 2013 we will support our disability patron David Andrew Smith on his epic bike ride.

London 2012 Paralympic Gold medalist, and karate black belt, David Andrew Smith will set off on the ultimate challenge of becoming the first Paralympic athlete to cycle 29000km around the world. David will be setting off in June 2013 exactly three years from when he left hospital on walking sticks and a wheel chair. He is cycling to raise money for the Coming Home Fundraising campaign as well as other charities around the world. Follow the epic journey. [www.davidandrewsmith.net](http://www.davidandrewsmith.net)



David, centre, with Olympic gold medal

I would encourage you all to visit [www.seeglasgow.com](http://www.seeglasgow.com) for information on the city and look forward to welcoming you here

This event is being organized by the British Karate Federation with grateful assistance from the Scottish Karate Governing Body Ltd, Glasgow Sports Council and Glasgow Life.

Thank you

Terry Connell  
President: British Karate Federation

## Sunday 2<sup>nd</sup> June 2013

### Kata – All Ages

Start times are approx. Please be there in plenty of time

<b>DISABILITY KATA</b> Registration 8.15am – Start 8.45am	
<b>Category</b>	<b>Code</b>
Disability Kata Able Bodied - Male & Female All grades All Ages	KA100
Disability Kata Wheelchair - Male & Female All grades All Ages	KA101

<b>VETERANS KATA</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Female Veteran All Grades 35yrs +	KA98	Male Veteran All Grades 35yrs +	KA99

<b>KATA TEAM PAIRS MIXED UNDER 14 YEARS</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Mixed Pairs Team Kata 7-10yrs	KAT1	Mixed Pair Team Kata 11-13yrs	KAT2

<b>KATA 7 – 13 YEARS INCLUSIVE</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Girls Kata 7-9yrs	KA1	Boys Kata 7-9yrs	KA2
Girls Kata 10-11yrs	KA3	Boys Kata 10-11yrs	KA4
Girls Kata 12-13yrs	KA5	Boys Kata 12-13yrs	KA6

<b>KATA CADETS 14-15 YEARS</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Female Cadet Kata 14-15yrs	KA7	Male Cadet Kata 14-15yrs	KA8

<b>KATA JUNIORS 16-17 YEARS</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Female Junior Kata 16-17yrs	KA9	Male Junior Kata 16-17yrs	KA10

<b>KATA SENIORS 16 YEARS PLUS</b> Registration 8.15am – Start 8.45am			
<b>Category</b>	<b>Code</b>	<b>Category</b>	<b>Code</b>
Female Senior Kata 16yrs +	KA11	Male Senior Kata 16yrs +	KA12

### KUMITE INDIVIDUAL 7 – 9 YEARS INCLUSIVE

Registration/Weigh In : Start TBC

Category	Code	Category	Code
Girls Kumite 7-9yrs -25Kg	KU36	Boys Kumite 7-9yrs -33Kg	KU38
Girls Kumite 7-9yrs +25Kg	KU37	Boys Kumite 7-9yrs +33Kg	KU39

### KUMITE INDIVIDUAL 10 – 11 YEARS INCLUSIVE

Registration/Weigh In : Start TBC

Category	Code	Category	Code
Girls Kumite 10-11yrs -35Kg	KU40	Boys Kumite 10-11yrs -45Kg	KU42
Girls Kumite 10-11yrs +35Kg	KU41	Boys Kumite 10-11yrs +45Kg	KU43

### KUMITE INDIVIDUAL 12-13 YEARS INCLUSIVE

Registration/Weigh In : TBC

Category	Code	Category	Code
Girls Kumite 12-13yrs -45Kg	KU44	Boys Kumite 12-13yrs -45Kg	KU46
Girls Kumite 12-13yrs +45Kg	KU45	Boys Kumite 12-13yrs +45Kg	KU47

### KUMITE OPEN WEIGHT EVENTS 7-9, 10-11, 12-13 YEARS INCLUSIVE

Registration/Weigh In : TBC

Category	Code	Category	Code
Girls Kumite Open 7-9yrs	KU48	Boys Kumite Open 7-9yrs	KU51
Girls Kumite Open 10-11yrs	KU49	Boys Kumite Open 10-11yrs	KU52
Girls Kumite Open 12-13yrs	KU50	Boys Kumite Open 12-13yrs	KU53

### KUMITE TEAM 7-9 & 10-13 YEARS INCLUSIVE

Registration/Weigh In : TBC

Category	Code	Category	Code
Girls Kumite Team (3) 7-9yrs	KT1	Boys Kumite Team (3) 7-9yrs	KT2
Girls Kumite Team (3) 10-13yrs	KT3	Boys Kumite Team (3) 10-13yrs	KT4

### CADET KUMITE 14-15 YEARS

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Cadet Kumite 14-15yrs -47Kg	KU1	Male Cadet Kumite 14-15yrs -52Kg	KU4
Female Cadet Kumite 14-15yrs -54Kg	KU2	Male Cadet Kumite 14-15yrs -57Kg	KU5
Female Cadet Kumite 14-15yrs +54Kg	KU3	Male Cadet Kumite 14-15yrs -63Kg	KU6
		Male Cadet Kumite 14-15yrs -70Kg	KU7
		Male Cadet Kumite 14-15yrs +70Kg	KU8

### CADET KUMITE OPEN 14-15 YEARS

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Cadet Kumite Open 14-15yrs	KU9	Male Cadet Kumite Open 14-15yrs	KU10

### JUNIOR KUMITE 16-17 YEARS

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Junior Kumite 16-17yrs -48Kg	KU11	Male Junior Kumite 16-17yrs -55Kg	KU15
Female Junior Kumite 16-17yrs -53kg	KU12	Male Junior Kumite 16-17yrs -61Kg	KU16
Female Junior Kumite 16-17yrs -59kg	KU13	Male Junior Kumite 16-17yrs -68Kg	KU17
Female Junior Kumite 16-17yrs +59kg	KU14	Male Junior Kumite 16-17yrs -76Kg	KU18
		Male Junior Kumite 16-17yrs +76Kg	KU19

### JUNIOR KUMITE OPEN 16-17 YEARS

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Junior Kumite 16-17yrs Open	KU20	Male Junior Kumite 16-17yrs Open	KU21

### KUMITE SENIORS

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Senior Kumite 18yrs+ -50Kg	KU22	Male Senior Kumite 18yrs+ -60Kg	KU27
Female Senior Kumite 18yrs+ -55Kg	KU23	Male Senior Kumite 18yrs+ -67Kg	KU28
Female Senior Kumite 18yrs+ -61Kg	KU24	Male Senior Kumite 18yrs+ -75Kg	KU29
Female Senior Kumite 18yrs+ -68Kg	KU25	Male Senior Kumite 18yrs+ -84Kg	KU30
Female Senior Kumite 18yrs+ +68Kg	KU26	Male Senior Kumite 18yrs+ +84Kg	KU31

### KUMITE SENIOR OPEN WEIGHT

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Senior Kumite 18yrs+ Open Weight	KU32	Male Senior Kumite 18yrs+ Open Weight	KU33

### VETERAN OPEN KUMITE

Registration/Weigh In : TBC

Category	Code	Category	Code
Female Veteran 35yrs +	KU34	Male Veteran 35yrs +	KU35

**Note: Must be 35 years or older on the day of the contest**





## IMPORTANT NOTES

### Photography and Recording

The BKF will have an official photographer who will be taking photographs during the event. These photos will be used for public relations and for use on the BKF website as well as Facebook and other media. If anyone has any issues please contact BKF tournament organiser Mr Bobby Morton.

These images will also be available for Associations, Groups, Clubs and families to download and use if the BKF are given the credits.

Video and photography use by the general public is **"Free of charge"** but you will have to register on the day of the event at the main centre reception. Please refrain from encroaching on the matted areas for photography or filming.

### IMPORTANT NOTES FOR COACHES:

**As in WKF: Coaches will not be permitted on the Tatami**

#### Coach: Dress code:

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to dress code and in possession of a coaches pass will be allowed on the competition area, these will be supplied at the event. Coach passes will be at a ratio of 1:5. All coach`s must provide his/her details to the Chief Referee. Please ensure your competitors leave the area when their category finishes, this is a strict rule.

**Repechage will be for JUNIORS and SENIORS Individual Kumite and Kata.  
No Repechage is planned for Cadets but this may change if time permits.**

**Competitors can only compete in their own categories and cannot move up to compete in another category. In the unlikely event of low Category entries the organisers reserve the right to amalgamate categories.**

**Insurance:** It is the responsibility of each individual, or parent if under 16 years of age to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have arranged adequate cover. Parental consent to compete is also required. This is the responsibility of the association.

If you require any further information or assistance then please contact

[robert.w.morton@btinternet.com](mailto:robert.w.morton@btinternet.com)

**BKF OPEN 2012c/o Mr Bobby Morton,  
5 Cambuskeith Road,  
Stevenston, Scotland KA20 4BU**





## Schedule

### Sunday 2<sup>nd</sup> June 2013

Kata will start at 8.45am with Kata Teams, Disability (both) and also Cadet Kata, followed by Junior, Senior and Veteran Kata.

Kumite events will have staggered start times, starting from 11am. A full sheet with timings will be published the week prior to the contest on SportData and also the BKF website

All start times are estimated as this will depend on the number of entries in each category.

All Kata and Kumite for 14/15 years and above will be held under WKF rules, WKF face and body protection will be compulsory in the appropriate kumite categories as per WKF rules.

For 13 years and under, competitors may choose whichever Kata they wish to perform and this can be repeated in all subsequent rounds.

#### From BKF Chief Referee: Mr Dale Gamble

Could all Associations and coaches be advised that the WKF rules will be strictly applied in all categories for 14 years and above with the possible exception of repechage for Cadets.

Juniors and Senior Individual Kata/Kumite will have repechage.

**The tournament organizer has the authority to merge categories that are under subscribed.**

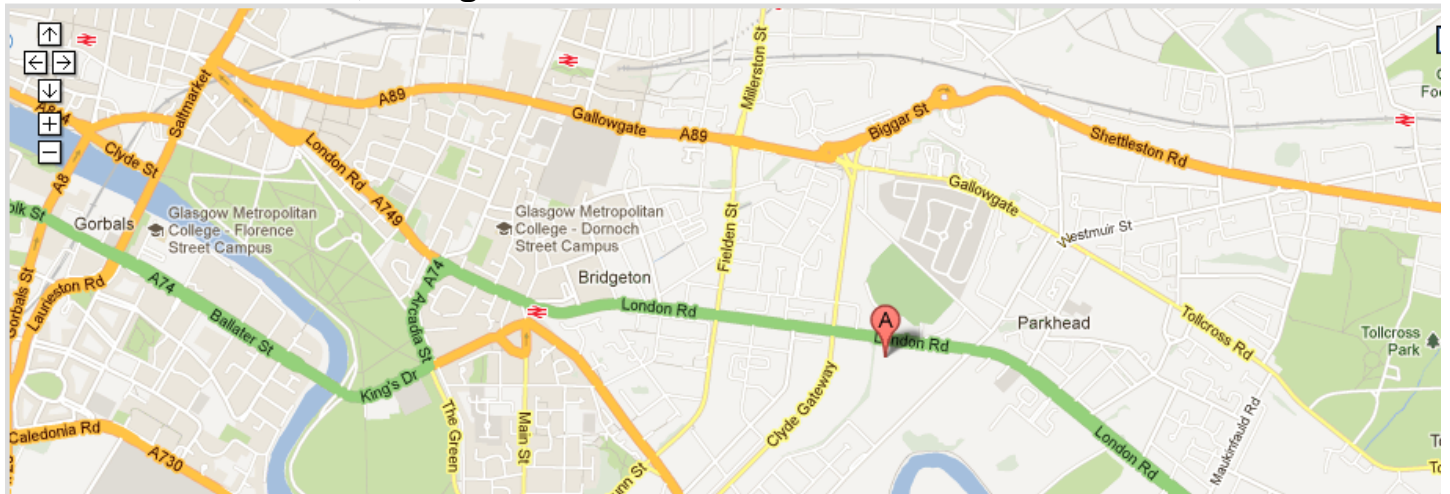


**GlasgowLife™**



## VENUE

### The Emirates Arena, Glasgow



#### GENERAL INFO

The address is 1000 London Road, G40 3HY  
The arena is directly across the road from Celtic Park.

#### TELEPHONE

0141 287 7000

#### OPENING HOURS

Monday - Friday: 06:30 - 22:00  
Saturday: 09:00 - 18:00  
Sunday: 09:00 - 21:00

Last admissions one hour before closing time.

#### TRAVELLING TO GLASGOW BY PLANE

Glasgow has one of the UK's fastest growing airports and new flights are always being added. The arena has the luxury of being within 13 miles of Glasgow International Airport.

#### BY PUBLIC TRANSPORT

There are bus stops beside the Arena for the 43, 89 and 90 buses.

#### BY ROAD

At junction 2A on the M74, take the A74 exit to Tollcross / Cambuslang. At the roundabout, take the exit onto Fullarton Rd / London Rd / A74. The Arena is on London Road.

#### BUCHANAN BUS STATION (Stances 23 to 32)

The route from Buchanan Bus Station to the Emirates Arena is about 4.5km (2.9 miles), with a single journey time of 15mins. Estimated round circuit time, including recovery time, is 35 mins.

Times:

10:15-13:00 approx  
13:00-16:15 approx  
16:15-18:00 approx



### Transport Information

Glasgow is very well connected by Road, Rail and Air. Within the Central belt of Scotland there are 3 main airports.

#### Airports

Glasgow International Airport	- 8 miles from Glasgow City Centre
Glasgow Prestwick Airport	- 29 miles from Glasgow City Centre
Edinburgh Airport	- 45 miles from Glasgow City Centre

#### Main Line Railway Stations

Glasgow Queen Street Station  
Glasgow Central Station

#### Airlines Glasgow International Airport (GLA)

Aer Lingus	Air Southwest	Continental	British
Airways	Canadian Affair	Jet2	Easyjet
Emirates	Flybe	Spainair	Icelandair
KLM	Onur		Thomson
Thomas Cook	US Airways		

#### Airlines Edinburgh Airport (EDI)

Aer Arann	Aer Lingus	Air France	Austrian
BMI	BMIbaby	British Airway	Continental
Easyjet	Flybe	Germanwings	Jet2
KLM	Lufthansa	Norwegian	Ryanair
SAS	Thomas Cook	Thomson	

#### Airlines Glasgow Prestwick Airport (PIK)

Ryanair	Wiz Air
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#### Airline Websites

Aer Lingus <a href="http://www.aerlingus.com">www.aerlingus.com</a>	Aer Annan <a href="http://www.aerarann.com">www.aerarann.com</a>
Air France <a href="http://www.airfrance.com">www.airfrance.com</a>	Air Southwest <a href="http://www.airsouthwest.com">www.airsouthwest.com</a>
Austrian <a href="http://www.aua.com">www.aua.com</a>	British Airways <a href="http://www.ba.com">www.ba.com</a>
Continental <a href="http://www.continental.com">www.continental.com</a>	Easyjet <a href="http://www.easyjet.com">www.easyjet.com</a>
Emirates <a href="http://www.emirates.com">www.emirates.com</a>	Flybe <a href="http://www.flybe.com">www.flybe.com</a>
Germanwings <a href="http://www.germanwings.com">www.germanwings.com</a>	Icelandair <a href="http://www.icelandair.com">www.icelandair.com</a>
Jet2 <a href="http://www.jet2.com">www.jet2.com</a>	KLM <a href="http://www.klm.com">www.klm.com</a>
Norwegian <a href="http://www.norwegian.com">www.norwegian.com</a>	Onur Air <a href="http://www.onurair.com.tr">www.onurair.com.tr</a>
Pakistan (PIA) <a href="http://www.piac.com.pk">www.piac.com.pk</a>	Ryanair <a href="http://www.ryanair.com">www.ryanair.com</a>
SAS <a href="http://www.flysas.com">www.flysas.com</a>	Spainair <a href="http://www.spainair.com">www.spainair.com</a>
Thomas Cook <a href="http://www.thomascook.com">www.thomascook.com</a>	Thomson <a href="http://www.thomson.co.uk">www.thomson.co.uk</a>
US Airways <a href="http://www.usairways.com">www.usairways.com</a>	Wiz Air <a href="http://www.wizzair.com">www.wizzair.com</a>
Canadian Affair <a href="http://www.canadianaffair.com">www.canadianaffair.com</a>	



## Glasgow International Airport Public Transport Links

### Trains

The nearest rail station to Glasgow airport is Paisley Gilmour Street, which is just one mile from the terminal and easily reached by taxi or bus (services 66 and 300).

There are 8 trains an hour from Paisley Gilmour Street to Glasgow Central (5 on Sundays). Rail tickets to Glasgow Central, via Paisley Gilmour Street, can be purchased from the SPT Travel Centre on the ground floor of the airport terminal, next to domestic arrivals.

### Airport Express Bus Service 500

Services to Glasgow city centre Service 500 ([www.glasgowflyer.com](http://www.glasgowflyer.com)) The Arriva Glasgow Flyer provides a high-frequency bus service to and from Glasgow City Centre and Buchanan bus station (stand 46). This service leaves from Bus Stop 1.

Services run up to every 10 minutes and journey time is 15 minutes to the City Centre. The bus service stops at all major City centre hotels and Strathclyde University.

**Single fare: £4.20 Adult Return: £6.20 Adult Open Return: £6.50**

### Buses to Railway Station Service 66 and 300:

These buses leave on a frequent basis and stop at Paisley Gilmour Street railway station Service 66 leaves from Stand 7 and Service 300 leaves from Stand 6.

## Edinburgh Airport Public Transport Links

There is no direct public transport link between Edinburgh Airport and Glasgow City Centre. The journey requires a bus and a train trip, that should take approx. 1hr 30 minutes.

Edinburgh Air link 100 is an express bus service runs from the airport to Waverley Bridge beside Waverley Street main railway station. The bus runs every 10 minutes to 15minutes with a journey time 25 minutes.

**Fare: Single £3.50 Return £6 (reductions for children).**

Buy tickets at the airport information desk, at the bus stop or from the driver

Train from Edinburgh Waverley Station to Glasgow Queen Street depart every 15 minutes with a journey time of 50 minutes.

**Fare: Return Adult £22.00 Return Child £11.50**



## **Glasgow Prestwick Airport Public Transport Links:**

### **Trains:**

Glasgow Prestwick is served by its own railway station which is accessible by a covered walkway to/from the airport.

#### **From Airport**

0548 – 2308 Monday – Saturday      0850 – 2307 Sunday

#### **From Glasgow**

0600 – 0015 Monday – Friday      0600 - 2330 Saturday      0900 -2300 Sunday

### **1/2 Price Rail Travel**

All passengers travelling to and from the airport will receive 50% discount on the standard fare. Passengers joining the train at Prestwick Airport are required to show their official flight confirmation and photo Id to the train conductor when buying their ticket, as there is no ticketing office at Prestwick Airport.

### **Bus Services**

#### **X77 Express Bus Service Prestwick**

Glasgow Prestwick Airport is served by Stagecoach Western X77 Express Service and operates to/from Glasgow Buchanan Street Station. This is a direct service that stops outside the airport on the A79.

X77 From Airport      0639 - 2034 Monday – Saturday      0810 – 1810 Sunday

X77 From Glasgow      0735 - 2330 Monday – Saturday      0905 – 1905 Sunday

Journey time is 50 minutes

### **Visitor Requirements to Enter the UK: Visa**

The UK Border Agency is responsible for securing the United Kingdom's borders and controlling migration. They consider applications for permission to enter or stay in the United Kingdom (UK) through their visa services around the world. To check if you require a visa please visit the UK Border Agency Visa website which gives you information and guidance about which nationalities need UK visas to enter the country. [www.ukvisas.gov.uk](http://www.ukvisas.gov.uk)

### **Hotel Accommodation**

**Glasgow has a large range of hotel accommodation**

**Please visit: [www.seeglasgow.com](http://www.seeglasgow.com).**



Time Zone GMT+1 (British Summer Time)  
Voltage: 220Volt/50Hz  
Weights and sizes: Metric System  
Weather Oct: Aver 50deg F/9deg C Shops:  
Supermarkets: Most open 7 days a week.  
Mobile Phone: Vodafone, Orange, O2, T-Mobile,3G

Currency: British Pound £  
Vaccination Required : No  
Credit Cards: All major cards  
Most open 7 days a week  
Banks: Mon-Fri 9am - 5pm

Transportation Links: Underground, bus and rail. ([www.spt.co.uk](http://www.spt.co.uk) for further information)

### **Emergency Medical Treatment**

Glasgow has a number of Accident and Emergency units. The closest one to the main venue is the Glasgow Royal Infirmary, 84 Castle Street, Glasgow, G4 0SF, Tel: 0141 211 4000.

### **Emergency Phone Number**

If you require Police, Fire or Ambulance service in an emergency then you must call "999". This will put you through to an operator who will ask you which service you require. They will then transfer your call to the relevant service.

### **Drinks and Food at Venue**

There will be a café that will operate throughout the day. There are also a number of vending machines onsite and nearby shops.

### **Disabled Access and Parking**

The venue has ample parking facilities and disabled access.





## Competitor Registration

The British Karate Federation are pleased to announce that "**SportData**" is now a major sponsor of BKF events. "**SportData**" is approved by the "World Karate Federation" and allows for "on-line" registration. Many major championships around the world are now using "SportData"

You will be able to see all the entries for the contest as well as the draw sheets once they have been generated.

***This is the MAIN METHOD for registration for the British Karate Federation Events***

For online registration visit: [www.sportdata.org](http://www.sportdata.org)

For help on how to register online visit:

[http://www.sportdata.org/set-online/faq\\_en.php?active\\_menu=faq](http://www.sportdata.org/set-online/faq_en.php?active_menu=faq)

If people are having problems registering on-line please contact the organiser by email.

## Coach Registration

All coaches must register on-line via Sportdata before the closing date.

There will be a coach to competitor ratio of 1 coach to 5 competitors.

Coach passes will only be issued to coaches registered via SportData.





## COMPETITOR ENTRY FEES

### Individual Events

1 <sup>st</sup> Event	£20
2 <sup>nd</sup> Event	£16
3 <sup>rd</sup> Event	£16

### Team Events

Mixed Pairs Team Kata 7-10yrs	£25
Mixed Pairs Team Kata 11-13yrs	£25
Girls Team Kumite (3) 7-9yrs	£25
Boys Team Kumite (3) 7-9yrs	£25
Girls Team Kumite (3) 10-13yrs	£25
Boys Team Kumite (3) 10-13yrs	£25

**Payment is by BACS or on the day of the event**

**Cheques made out to British Karate Federation: not BKF please**

**BACS details:**        **Barclays Bank**  
                                 **Sort Code: 20-33-70**  
                                 **Account No: 60542687**

Please ensure that if paying by BACS you have an identifying reference against your payment i.e. Club/Association Name. Please also provide a receipt or confirmation of your BACS payment to the organiser.

## SPECTATOR ENTRY FEES

**Adults:**                                £12  
**Children Under 16 years of age:**    Free



## ENTRY FORM

<b>ASSOCIATION:</b>		<b>COUNTRY:</b>	
<b>COACH:</b>	<b>TEL:</b>	<b>EMAIL:</b>	

I confirm that all the competitors entered on this sheet have received my advice of and accept the following statement:

*"The competitor realises and discharges the organizers and their representatives or agents and all other competitors from all claims that the competitor or his personal representative may have for any injury (however caused) sustained by the competitor and for the loss or damage (however caused) to his personal belongings suffered at any time during the course of the Championships or while on the premises at which the Championships are being held".*

**SIGNED** \_\_\_\_\_

**NAME** \_\_\_\_\_

**DATE:** \_\_\_\_\_



**Team Entry Form**

<b>ASSOCIATION:</b>		<b>COUNTRY:</b>	
<b>COACHES NAME:</b>	<b>TELEPHONE:</b>	<b>E-MAIL:</b>	

<b>CATEGORY</b>	<b>CODE</b>	<b>TEAMS</b>	<b>COST TEAM</b>	<b>TOTAL COST</b>
Mixed Pairs Team Kata 7-10yrs	KAT1		£25.00	
Mixed Pairs Team Kata 11-13yrs	KAT2		£25.00	
Girls Team Kumite (3) 7-9yrs	KT1		£25.00	
Boys Team Kumite (3) 7-9yrs	KT2		£25.00	
Girls Team Kumite (3) 10-13yrs	KT3		£25.00	
Boys Team Kumite (3) 10-13yrs	KT4		£25.00	

<b>TOTAL</b>	£
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