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## MESSAGE FROM STEWART HARRIS

Folks,

The Scottish Government tier system was put in place on 2 November and we understand the levels of restriction in the fight to suppress the COVID-19 pandemic. This may well be a time to redouble our efforts as a sector and as individual organisations and communities, to look to the future and to plan what can be put in place to help the sector recover and grow. There is no doubt that significant financial challenges remain for physical activity, sport and leisure in underpinning an infrastructure of facilities and people that will drive that recovery and growth and this needs to be at the forefront of our influencing work. That topic is on the agenda in every conversation that we, as **sportscotland**, have with the Minister for Public Health, Sport and Wellbeing Joe Fitzpatrick MSP, alongside the frequent conversations on sustainability that are happening in communities in all parts of the country. The potential for our sector to contribute to the health and wellbeing of the Scottish population is enormous and we need to continue the strong collaboration that is underway to make that case.

I want to reiterate **sportscotland**'s commitment to engage in these national and local influencing conversations and to work with partners and stakeholders to find ways to strengthen our value and contribution. I recently spoke to the COSLA Community Wellbeing Board and those messages were well received. There was also some fantastic feedback from elected members about the contribution of our sector, both professionally and through the voluntary sector, in helping communities through these times by getting involved in supporting vulnerable groups. This awareness amongst local members should stand us in good stead if we continue to follow this up directly with local leaders.

We are moving into winter, and with more positive news about the potential of a successful vaccine trial, please continue to connect across the sector and put conversations about the value of our sector at the front of all our engagements with leaders.

Take care,

Stewart



### UPDATED GUIDANCE FOR PE

Education Scotland have updated the



### SUPPORT FOR BUSINESSES

Scottish Government has published details

**guidance for Physical Education (PE)** to assist teachers and school leaders with risk assessment and decision making and it is designed to promote a consistent and equitable approach against the context of the current pandemic. Local authorities and schools will understand best how these guidelines can be applied in their settings. They should do so in a way that prioritises the health, safety and wellbeing of all children, young people and staff, and ensure that the risk mitigation measures set out in the guidance document are implemented effectively. It has been written to stimulate conversations on how PE can be safely and effectively delivered.

of the grants that will be available to some businesses required to close by law or to significantly change their operations due to the new COVID-19 restrictions (protection levels).

For sport this will include organisations operating indoor facilities that are no longer able to provide group exercise at level 3 or are required to close at level 4. It will also cover some sport organisations operating licensed catering, (e.g. cafes, restaurants, bars) affected by the restrictions on hospitality.

Find out more via the link below.

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**EDUCATION SCOTLAND**

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**MORE INFO**

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**LATEST UPDATES**

## **CORONAVIRUS (COVID-19) WEB RESOURCES**

You can stay up to date with the latest information on [our Coronavirus \(COVID-19\) web page](#). All guidance is posted here as soon as it's confirmed, and we will continue to add new resources and information.

Information and guidance includes:

- [Getting your facilities fit for sport](#)
- [Getting coaches ready for sport](#)
- [Latest governing body guidance](#)
- [COVID Officer e-learning](#)



## **ACTIVE GIRLS DAY ROUND UP**

Active Girls Day took place on Friday 30 October, with our network helping to celebrate girls' participation across social



## **TELL US ABOUT YOUR #COVCHAMPIONS**

In place of the COV Awards this year, we are shining the spotlight on the amazing work done by **coaches, officials and**

media.

We would like to say a big **thank you** to all the schools, clubs and partners who got involved - take a look at some of the highlights via the link below!

Thanks also to everyone who supported Active Scotland's Scottish Women & Girls in Sport Week, check out their [round up](#) to see some of the content shared throughout the week.

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HIGHLIGHTS

**volunteers** in sport, across our social media and in Sport First.

Maybe you know someone who has gone above and beyond to help keep people connected to sport in these challenging times? We would love to hear about them! Please get involved in the campaign and encourage partners as well, by sharing stories and using the hashtag **#COVChampions**.

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READ MORE

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SCOTTISH GOVERNMENT CAMPAIGNS



## TWIST THE RULES

The **Twist the Rules campaign** has been created by the Scottish Government to motivate people to comply with restrictions and protection behaviours in order to slow the spread of the virus.

The campaign aims to help overcome the increasing confusion and fatigue with restrictions, and the messaging focuses on the effect on businesses and jobs, which is a key motivator for compliance with non-compliant audiences. The campaign will run until 6 December.

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WATCH ADVERT



## PROTECTION LEVELS

The **Covid Protection Levels Campaign** aims to inform the public of the new Covid protection levels and direct them to the postcode checker to find their level and what this means.

By using the line; '**Stopping the spread starts with all of us**' the campaign aims to capture both a sense of individual and collective responsibility and will appear on TV, radio, press and digital until 29 November. You can see a [summary of Covid Protection Levels Guidance here](#).

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SEE MORE



SCOTTISH COACHING  
CERTIFICATE



MENTAL HEALTH E-  
LEARNING

The new coaching qualification, the **Scottish Coaching Certificate (SCC)** has been developed, in conjunction with a number of SGBs, to replace the previous UKCC qualifications which have been retired.

This new framework has been developed by **sportscotland** and is endorsed by the Chartered Institute for the Management of Sport & Physical Activity (CIMSPA) and certified by the Scottish Qualifications Authority (SQA) and is being rolled out for implementation from September 2020.

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**MORE INFO**

To support coaches and volunteers during the COVID-19 pandemic, **sportscotland**, in collaboration with SAMH, have developed the **COVID-19 Mental Health and Wellbeing Awareness Training**. This training will help participants to expand their knowledge and understanding of mental health and well-being, recognise the impact of sport and physical activity on positive mental health and well-being, identify their own mental health and well-being priorities and explore the effects COVID-19 on them and their participants. Please complete the module and please share with your network. Please note that this course will not have a record of completion or certificate.

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**E-LEARNING**



## **TNL CROSSED FINGER SELFIE**

Chris Hoy, Katherine Grainger, Duncan Scott and others all took to social media last year to say a big #ThanksToYou to National Lottery players. This year you can join athletes and others across the country and **share a crossed finger selfie** on your social media channels on **Thursday 19 November!** This is a great opportunity to say a collective thank you to National Lottery players for helping to fund amazing projects, including projects in sport. Use the hashtags **#NationalLottery #ThanksToYou** and tag @LottoGoodCauses @tnluk

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**MORE INFO**



## **INCLUSION TOOL FOR ORGANISATIONS**

An activity tool has been developed to help sports organisations recognise who's included and who's not in their activity. This activity can be done by leaders of sporting organisations to help trigger conversations about who their organisation is for and what they may need to do to be open to all.

You can find this along with other information on the ['Preparing your organisation as Coronavirus \(COVID-19\) restrictions ease'](#) page on our website.

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**INCLUSION TOOL**



sportscotland

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**Aithris-àichidh** – Tha am post-d seo diomhair agus air a rùnachadh a-mhàin don neach gu bheil e air a sheòladh. Mura h-e thusa an neach sin, feuch gun cuir thu às don phost-d seo is ceangalan sam bith agus leth-bhreacan uile, agus cuir fios sa bhad gu an neach-seòlaidh. Cuimhnich mas e do thoil e gu bheil cleachdadh neo-ùghdarraichte sam bith air an sgrìobhainn seo air a thoirmeasg gu tur.

Mar bhuidheann poblach, tha spòrsalba a' tighinn fo riatanasan an Achd Saorsa Fiosrachaidh (Alba) 2002 a thaobh foillseachadh air fiosrachadh sam bith (a' gabhail a-steach conaltradh eileagtronaigeach) a dh'fhaodadh a bhith aige mu chuspair sònraichte, nuair a thèid sin iarraidh air le neach no buidheann sam bith. Ma bhios dragh ann mu dheidhinn seo, is urrainn do spòrsalba comhairleachadh mun chùis. Gus teagamh a sheachnadh, bidh co-dhùnadh spòrsalba deireannach a thaobh ceistean foillseachaidh is neo-foillseachaidh.

Is e spòrsalba a tha a' gleidheadh dàta pearsanta a bheir sibh dhuinn ann am puist-dealain sam bith.